

## Vegas Speaker's Group

### Vegas Speakers Group (V S G)\*

The Vegas Speakers Group\* has Top Professionals in a Myriad of Different & Fascinating Fields, Who Donate Their Time to Give Back to Their Community . . .

- Ø There is No Charge for Clubs & Organizations of Twenty (20) or More Members
- Ø Just Read the Specialties and Biographies of Available Speakers
- Ø Select the Speaker Who Best Fits Your Needs
- Ø Call the Speaker Directly to See if You are a Good Match for Each Other
- Ø Explain Your Group's Purpose, Interests, and Demographics
- Ø If the Speaker Agrees, Set a Mutually Agreeable Date
- Ø E-mail us your Engagement Confirmation
- Ø Then . . . Enjoy . . .
- Ø And Fax/Mail Us Your Feedback, So That We May Better Serve You . . .

\* Vegas Speaker's Group (VSG) Speakers may chose to decline any engagement since this is a service provided by each Speaker on behalf of their community, and according to their personal and professional availability. VSG Speakers disclaim any liability or responsibility for other VSG Speakers, either individually or collectively for the Group, itself, as does the hosting website and organization. Each VSG Speaker is an independent contractor or practitioner who is solely responsible for his or her own content, accuracy, appointments, and liability. Please mail or fax in the attached VSG Speaker Survey after each engagement to 702-938-0189, so that VSG may provide you only with the best of service. Comments, questions, or suggestions may be e-mailed to \_\_\_\_\_.

### VSG Speaker #1

Garry R. Lee, M.D., Medical Director  
The Horizon Ridge Wellness Clinic

To Have Dr. Lee Speak To Your Organization, contact him directly at 702-938-0190 ([www.hrwellness.net](http://www.hrwellness.net)) .

Non-Surgical Medical Advances of 2009  
to Look Younger . . . and Be Pain-Less . . .

BOTOX® , Wrinkle Fillers, Thermage, IPL, Spider Veins, TMR--To Be Pain-Less, and . . . Zerona Body Slimming LASER with Weight-Less Program

Dr. Lee Instructing Physicians & Nurses About BOTOX® Cosmetic and Juvederm®; for Allergan

### What exactly is BOTOX® Cosmetic?

BOTOX® Cosmetic, manufactured by Allergan, is a purified protein produced by the Clostridium botulinum bacterium. It is a non-surgical, physician-administered treatment that can temporarily reduce moderate to severe frown lines between the brows. During treatment, very low doses of BOTOX® Cosmetic are administered via a few tiny injections directly into

the muscles that cause those stubborn lines. The treatment is usually done in about 10 minutes, and no recovery time is needed. Within one to two weeks, you may see an improvement that can last up to 4 months. Results may vary.

## BOTOX® Cosmetic

Before: Crow's Feet

After: Crow's Feet

Before: Glabella

After: Glabella

### How does BOTOX® work?

Those moderate to severe frown lines between your brows form over time as the result of muscle activity. BOTOX® Cosmetic is injected directly into the muscles between your brows. It works by blocking the transmission of nerve impulses to the injected muscles; this reduces the activity of the muscles that cause those persistent lines to form.

When will I see results from a BOTOX® Cosmetic treatment?

Within 3 days, you may see a marked improvement in the moderate to severe frown lines between your brows. Lines continue to improve for up to a month, and results can last for up to 3-4 months. In clinical trials, nearly 90% of men and women rated the improvement in their appearance as moderate to better 1 month after treatment. Those with larger muscles may require more BOTOX, hence results may vary.

How much BOTOX® Cosmetic will I need?

Dr. Lee starts patients with 20 Units of Botox for the Glabella (between the eyes) area, 16 Units of Botox for the Frontalis (forehead) area, and 12 Units of Botox for the Crow's Feet (side of eyes) area. His philosophy is to use the least amount of BOTOX® Cosmetic you need, to keep your costs down, though it is more lucrative to give you--and charge you--for more than you actually need. He will adjust your dose higher as you need it, and once he knows the minimum you need in a particular area, this will become your standard dose. Those with larger muscles will need more BOTOX® Cosmetic to obtain good results, and typically men will need double (or even triple) the standard woman's BOTOX® Cosmetic dose.

How long does BOTOX® last?

Results from treatment with BOTOX® Cosmetic can last for up to 3-4 months. If you discontinue treatment, the frown lines between your brows gradually will look like they did before treatment. Your individual results will vary by your metabolism, but will tend to follow a consistent pattern with the same number of BOTOX® Cosmetic Units used.

### Is treatment painful?

Discomfort is usually minimal and brief. Prior to injecting, Dr. Lee may choose to numb the area with a cold pack or anesthetic cream. The entire procedure takes just minutes. Many people return directly to work or normal activity following BOTOX® Cosmetic treatment.

How is BOTOX® Cosmetic mixed?

Each bottle of BOTOX® Cosmetic must be mixed with normal saline to be used, so one must be aware that the amount of fluid does not always equal the true amount of BOTOX® Cosmetic. An easy way to compare "apples to apples" is to have your physician document how many "Units of BOTOX® Cosmetic" is used . Remember, there are people using "fake" BOTOX® Cosmetic in Las Vegas, so if the price is too low (BOTOX® Cosmetic itself is expensive), beware.....

Garry R. Lee, M.D.  
Medical Director  
Horizon Ridge Wellness Clinic

- Zerona Laser
- Botox®
- JuvedermTM
- Weight-Less Program
- Restylane®
- Sclerotherapy
- TMR&trade;
- VIP Medicine

Tear Trough--by Dr. Lee

Before

After

NasoLabial Fold--by Dr. Lee

Before Juvederm

Immediately After

Lips--by Dr. Lee

Before

After

What is Juvederm®?

Juvederm® is a gel filler made of hyaluronic sugar (something already in your body) usually injected into the wrinkles along the sides of the nose and the mouth. The results are immediate and dramatic, with a smooth, natural, & younger look.

So What Makes It Better?

Juvederm® injectable gel is produced through the new HYLACROSS® technology, resulting in a smooth consistency gel that gives a long-lasting, natural, look and feel. In June 2007, the FDA allowed Juvederm to announce that it lasts up to 12 months--perhaps twice as long as other hyaluronic gel fillers. Dr. Lee prefers to use Juvederm® in lip enhancements due to the smoothness of its texture and the minimal swelling with its use.

Does It Hurt?

Clinically, Dr. Lee found Juvederm® Treatments to have minimal discomfort, especially after pre-treatment with our anesthetic numbing cream. Juvederm® is so smooth, even lip treatments can be done without the need for dental blocks for adequate anesthesia.

What Is A "Liquid Lift?"

This is the term which has become fashionable in the media to describe the increasing use of Botox and Aesthetic Fillers (such as Juvederm®) to give many of the cosmetic effects of a face-lift--without the extreme costs, risks, and downtime of traditional plastic surgery. This has become an increasingly attractive option for those who want to look their best (in these harsh economic times), but who simply don't have the time for post-surgical recovery or who just don't want to look un-attractive for so long while in recovery. Of course, a "liquid lift" is not the equivalent of face-lift surgery, but as you can see, it is amazing what we can now do with this wonderful technology.

Tired of Hiding Your Legs In (Hot) Pants All Summer?

Want to Wear Skirts, Shorts, and Bikini's Again?

Try . . . Sclerotherapy

Sclerotherapy is the injectable treatment of spider veins in the thighs and lower legs. Spider veins are those unsightly tiny veins less than 5 mm in diameter which are often shaped like spiders, caused by improperly functioning valves within these veins which often tend to run in families. Dr. Lee uses Hypertonic Saline (salty water) to shrink spider veins because there are no research studies which show Hypertonic Saline to cause cancer in laboratory animals. Hypertonic Saline does however, require three treatments at approximately 5 week intervals as well as the use of Class II compression hose during treatment.

Sclerotherapy

Before

After

Before

After

\*Great results--using compression hose--after the third treatment.

Dr. Lee & JoAnne Dubois Doing Sclerotherapy Spider Vein Demonstration

Therapeutic Magnetic Resonance (TMR)

Tired of narcotics and painful injections to treat your pain?  
Don't want to take your chances with drug addiction or surgery?

Therapeutic Magnetic Resonance (TMR) is the new FDA Cleared Device for pain after surgery, after trauma--and incredibly, even chronic pain. In TMR, there is no surgery, no drugs, and no needles. There are no narcotic side effects, withdrawal symptoms, or overdose risks. TMR uses pulsed electromagnetic waves which are thought to create a magnetic resonance in your body to reduce pain--which you feel as a gentle tingling sensation.

It has been successfully used for years by prominent physicians in thousands of patients from a world renowned Beverly

Hills Plastic Surgeon, to a President of the American Orthopedic Society for Sports Medicine. An Executive Director of the National Foundation for the Treatment of Pain, noted immediate reduction of swelling, significant reduction in "down time" from injuries, and even dramatic success for fibromyalgia and phantom limb pain, the intractable pain due to traumatic amputation.

UCLA's Clinical Trial on TMR confirmed its' effectiveness and Stanford Medical Center now has a Clinical Trial in place to measure both pain and inflammation reduction by TMR. Professional athletes are already using TMR and recently, a third professional sports team acquired their own TMR, with more teams forthcoming . . .

Garry R. Lee, M.D., of the Horizon Ridge Wellness Clinic, is the First in Nevada to bring this advanced technology to you. Dr. Lee treated a patient with shingles and TMR reduced her pain severity from a rating of 6/10 to 3/10--in a single session. On the very next session, it reduced her chest pain in the treated area from 7/10 to 0/10, no pain at all. His patient with scoliosis and severe neck and back pain from spinal reconstruction surgery had no improvement after her first treatment, but on the second treatment TMR reduced her pain from 7 times a day--to no pain at all. Dr. Lee treated a woman on his staff with constant endometriosis pain daily for more than two years--and she had no abdominal pain at all, after just a single treatment.

#### VSG SPEAKER #1 BIOGRAPHY

Garry R. Lee, M.D.

Garry R. Lee, M.D., is Medical Director and VIP Services Physician of the Horizon Ridge Wellness Clinic, established in February 2001 as one of the First VIP Aesthetic & Wellness Clinics in Nevada. Dr. Lee specializes in non-surgical procedures such as Juvederm®; the cosmetic wrinkle filler, Botox®, the muscle relaxer which reduces wrinkles, sclerotherapy for spider veins, and Therapeutic Magnetic Resonance (TMR)--the exciting new FDA Cleared Device--to become Pain-Less. TMR uses pulsed electromagnetic waves which are thought to create a magnetic resonance in your body to reduce pain--which you feel as a gentle tingling sensation.

The Horizon Ridge Wellness Clinic was featured on Televisions Face to Face with Jon Ralston, Contact 13 Television, for a Tops In Town Award, on the radio, and in news articles of the Las Vegas Review Journal; the Henderson Home News; and In Business--Las Vegas. The 6,000 square-foot clinic, the first medical clinic in Las Vegas and Henderson designed according to the ancient Chinese practice of Feng Shui, is a setting of Amethyst crystal water fountains, crystal chandeliers, ancient fossils, and a sense of peacefulness and tranquility.

Independent Services at the Horizon Ridge Wellness Clinic include: Adult VIP Medicine; Plastic, Cosmetic, and Reconstructive Surgery; Nutritional Consultations by Registered Dietitians; Podiatry; Massage Therapy & Body Wraps; Facials, Chemical Peels, and Waxing; Permanent Make-Up; Microdermabrasion; Thermage; FotoFacial Skin Rejuvenation; Botox; Restylane; Juvederm; Sclerotherapy; Spray Tanning, Electrolysis, and the exclusive Salon Triage, where Master Hair Stylists may cut, shampoo, color, extend--and re-vitalize you; and most recently, My White Smile Cosmetic Teeth Brightening.

Dr. Lee was the Acclaimed Director of the Nellis Air Force Base Anti-Tobacco Program as an Air Force Major, Medical Vice-President of the NE Las Vegas American Cancer Society, First Vice-President of the Summerlin Lion's Club, and was awarded the Life Saver Award by the American Cancer Society. Before choosing civilian life over the military, he was selected for hospital chief-of-staff (SGH) by the USAF Military Personnel Command (MPC). He is a member of the American Academy of Family Practitioners and the Clark County Medical Society. Dr. Lee was awarded the Armed

Forces Health Professions Scholarship and is a graduate of the Ohio State University College of Medicine where he was awarded Letters of Commendation in Family Practice, OB/GYN, and Preventive Medicine. At Grant Medical Center's Family Practice Residency he took Honors in Special Care Nursery, Internal Medicine, Rheumatology, Urology, ENT, and Pediatrics.

As an Air Force Captain, he was appointed by the commanding general to take over the Air Force Institute of Technology's Safety Program--which had just received a Marginal Safety Inspection Rating--and in a single year, led it to the only Outstanding Safety Inspection Rating in the entire Air Force Major Command. Born in Hawaii, he was elected Student Body Vice-President of Waipahu High School, was awarded an Air Force ROTC Scholarship, the Charles R. Hemingway Scholarship, a State of Hawaii Scholarship, the American Legion Leadership Award, and an Honors Degree from the University of Hawaii-Manoa.

Allergan recognized him as the Top Juvederm® & Botox® Medical Practice for the Year 2008--out of all 92 Aesthetic Medical Clinics in Henderson, Nevada--and selected him as Botox® & Juvederm® Clinical Instructor For Advanced Practitioner (physician & nurse) Training. Allergan also selected Dr. Lee to participate in the JET Research Trial in 2007, where he helped evaluate patient satisfaction with the results of Juvederm® before it was commercially available to physicians and to the public. He was appointed to the Medicis (Restylane®) National Aesthetics Advisory Council, is the recipient of two Medicis Platinum Awards, and was designated by Medicis the Number One (#1) Restylane® Medical Practice in the State of Nevada for the Year 2006. The Horizon Ridge Wellness Clinic was also the recipient of two Thermage Pinnacle Awards as a Top Thermage "Non-Surgical Face-Lift" Clinic. Dr. Lee is also the Medical Advisor to Madame Et Monsieur, the International Electro-Body Sculpting conglomerate and was appointed Assistant Instructor in Sclerotherapy (Spider Vein Treatments) for the National Procedures Institute, the pre-eminent organization for teaching medical procedures to physicians throughout the United States. In September 2008, Dr. Lee was appointed the State of Nevada Scientific Imaginetics Representative & Distributor--the first Nevada physician to bring this exciting new Therapeutic Magnetic Resonance (TMR) technology here. TMR is the non-invasive FDA Cleared Device to treat pain after surgery, after trauma--and even, incredibly, chronic pain--without the risk of surgery, narcotics. or needles. In September 2009, the Horizon Ridge Wellness Clinic is the first to bring the Zerona Body Slimming Laser to Henderson, featured on "The Doctors" TV Program.