

# Thermage

Judi Hynds, C.P.C.T.

Administrative Director

- Director of Thermage®
- FotoFacial®
- Permanent Make-Up

Thermage

Before

After

Before

After

No Surgery, No Downtime

- No Risk of General Anesthesia
- FDA Cleared For Skin-Tightening
- FDA Cleared For Cellulite Reduction
- The Horizon Ridge Wellness Clinic Was Named the Pinnacle Award Winner For Both the Years 2006--And Now 2007--As Top Thermage Clinic in The State of Nevada
- The Horizon Ridge Wellness Clinic Has The First Thermage NXT Technology in Nevada--Why Even Consider Old Technology?
- Thermage NXT: The Most Advanced--And Fastest (For Your Treatment Comfort) Thermage Technology

As seen on Oprah and Good Morning America!  
What is the Thermage® procedure?

This non-surgical cosmetic treatment improves the appearance of aging skin by tightening the underlying tissue. The maximum effectiveness achieved is for non-surgical tissue tightening for the forehead, brow, eyes, mid and lower face and the neck. A small probe that emits radio frequency energy is applied to the skin, which uniformly heats the dermis without damaging it. The heat energy causes the collagen to contract, which is followed by new collagen synthesis over time. The amount of skin laxity Thermage can tighten is limited, so those with a great deal of loose skin will be directed to see a Plastic Surgeon. For those with mild to moderate skin laxity, Thermage may be the ideal option--without the associated risks of surgery.

When can I expect to see results and how long will they last?

Some patients have experienced tightening within a few weeks after treatment. Measurable tightening improvements appear gradually within two to six months. An immediate tightening of the collagen occurs followed by gradual skin tightening.

What is the treatment like?

With each application of the radio-frequency energy to your skin, you will feel a cool sensation, followed by a brief hot sensation, then a cool sensation again. Your skin is protected with a cooling spray emitted by the hand-piece while radio frequency energy heats the collagen in the lower layers of your skin. Gradually over time, new collagen grows to further tighten the skin. To ensure your comfort, a topical numbing cream may be applied to the treatment area.

When can I return to normal activities?

You can likely resume normal activities immediately following your treatment. Some patients experience minimal redness or mild swelling of the treated areas that diminish within no more than a few hours or, at the most a day or two. You should always protect your skin by using a sunscreen block that is appropriate for your skin type.

All Thermage's ARE NOT the same!

Questions you MUST ask before you do Thermage&hellip;

ASK:

- What TIPS do they use? Face and neck must be a 900STC tip.

The higher the number of deliveries of heat the BETTER the RESULTS!

- Ask them to OPEN the box with the TIP IN IT IN FRONT of you.

- How many treatments has THE PERSON doing your treatment done?

- Do they have the NEW NXT machine?

Remember&hellip;You get what you pay for!

## Abdominal Skin Tightening

Before

After

## Body Contouring

Before

After

Dr. Lee & Judi Hynds Presented With The Pinnacle Award  
As the Number One (1) Thermage Practice in the Entire State of Nevada

Photographs above provided courtesy of Thermage , Dr. Virginia Stevens, & Dr. Garry Lee